

THE NURSING HOME CHECKLIST

Use the Nursing Home Checklist when you visit a nursing home.

Take a copy of the Nursing Home Checklist when you visit to ask questions about resident life, nursing home living spaces, staff, residents' rooms, hallways, stairs, lounges, bathrooms, menus and food, activities, safety, and care.

Use a new checklist for each nursing home you visit.

Name of Nursing Home:_____

Address:_____

Phone Number:

Date of Visit:

Basic Information	Yes	No	Comments
Is the nursing home Medicare-certified?			
Is the nursing home Medicaid-certified?			
Does the nursing home have the level of care I need?			
Does the nursing home have a bed available?			
Is the nursing home located close enough for friends and family to visit?			

Resident Appearance	Yes	No	Comment
Are the residents clean, well groomed, and			
appropriately dressed for the season or			
time of day?			

Nursing Home Living Spaces	Yes	No	Comment
Is the nursing home free from			
overwhelming unpleasant odors?			
Does the nursing home appear clean and well kept?			

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Is smoking allowed? If so, is it restricted to certain areas of the nursing home? Is the temperature in the nursing home comfortable for residents?			
Staff	Yes	No	Comment
Does the relationship between the staff			
and residents appear to be warm, polite,			
and respectful?			
Does the staff wear name tags?			
Does the staff knock on the door before			
entering a resident's room? Do they refer			
to residents by name?			
Are there enough Certified Nursing			
Assistants (C.N.A.'s) to provide timely			
care? What is the staffing ratio?			
Has there been a turnover in			
administration staff, such as the			
administrator or director of nurses, in the			
past year?			

Residents' Rooms	Yes	No	Comment
Can residents have personal belongings			
and furniture in their rooms?			
Do residents have access to a personal			
phone and television?			

Hallway, Stairs, Lounges, and Bathrooms	Yes	No	Comment
Are exits clearly marked?			
Are there quiet areas where residents can visit with friends and family?			
Are all common areas, residents rooms, and doorways designed for wheelchair use?			

Safety and Care	Yes	No	Comment
Do residents get preventative care, like a			
yearly flu shot, to help keep them healthy?			
Does the facility assist in arranging			
hearing screenings or vision tests?			
Can residents still see their personal			

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doctors? Does the facility help in arranging transportation for this purpose?	
Are care plan meetings held with residents and family members at times that are convenient and flexible whenever possible?	
Has the nursing home corrected all deficiencies (failure to meet one or more state or Federal requirements) on its last state inspection report?	

Menus and Food	Yes	No	Comment
Do residents have a choice of food items			
at each meal? (Ask if your favorite foods			
are served.)			
Can the nursing home provide for special			
dietary needs (like low-salt or no-sugar-			
added diets)?			
Are nutritious snacks available upon			
request?			
Does the staff help residents eat and drink			
at mealtimes if help is needed?			

Activities	Yes	No	Comment
Can residents, including those who are			
unable to leave their rooms, choose to			
take part in a variety of activities?			
Do residents have a role in planning or			
choosing activities that are available?			
Does the nursing home have outdoor			
areas for resident use? Is the staff			
available to help residents go outside?			

Visit again

It's a good idea to visit the nursing home a second time. It's best to visit a nursing home on a different day of the week and at a different time of day than your initial visit. Staffing can be different at different times of the day and on weekends.

Notes on second visit:



Adapted from Medicare.gov website

forms.nursing home checklist