

BREAKFAST (Available 9am - 11:30am)

#1 The Basics

Choice of Egg made to order, Toast, Juice and Coffee or Tea

#2 The Continental

Choice of cereal or muffin served with fresh fruit of the day, Juice and Coffee or Tea

#3 The Healthy Start

Cottage Cheese and fruit plate served with Bread, Juice and Coffee or Tea

Juice Choices

Apple Juice
Cranberry Juice
Pineapple Juice
Prune Juice
Orange Juice
Tomato Juice

Bread Choices

Raisin Bread
Rye Bread
Wheat Bread
White Bread

Cereal Choices

Bran Flakes
Corn Flakes
Cheerios
Oatmeal
Rice Krispies

LUNCH AND DINNER ENTREES (Available 1pm – 7pm)

#1 Breaded Chicken Cutlet or Tender

Served with vegetable du jour and choice of potato or rice

#2 Breaded Fish Filet or Fish Sticks

Served with vegetable du jour and choice of potato or rice

#3 Hamburger on a Bun with Lettuce & Tomato

Served with French fries

#4 Spaghetti Topped with Marinara Sauce

Served with a house salad and choice of dressing

#5 Cottage Cheese and Fruit Plate

Served with crackers

Light Options

Blintzes –
Blueberry or
cheese, with side
of applesauce

Dinner Salad –
Topped with
choice of tuna or
egg salad, with
crackers

**Fried Egg
Sandwich –**
Served with fruit
cup

Sandwiches

**BLT (Vegetarian
Bacon)**

Grilled Cheese

PB&J

Egg Salad

Meat Knish

Tuna Salad

Beverages

Cola/Diet Cola

Ginger Ale

Diet Ginger Ale

Orange Soda

Diet Orange Soda

Coffee

Hot Tea

Hot Chocolate

Bread Choices

Rye Bread

Wheat Bread

White Bread